



# 2025 Peter Milnes Regatta

April 19, 2025

## NOR & SAILING INSTRUCTIONS

### 1. RULES

- 1.1. The Series will be governed by the rules as defined in *The Racing Rules of Sailing 2025-2028* (RRS).
- 1.2. Competitors are reminded to respect Sail Newport facilities and staff. We are dependent on this facility for the fleet's continued success.
- 1.3. Unsportsmanlike Behavior will not be tolerated in Fleet 413. Foul language, intimidation, and/or a general lack of respect for fellow competitors may result in a suspension from Fleet 413 activities. Don't be that guy (or girl)!

### 2. REGISTRATION

- 2.1. Each sailor must register and complete a liability waiver. Failure to properly sign a waiver will nullify registration.
- 2.2. Any competitor under 18 years of age must have a waiver signed by a parent/guardian.
- 2.3. Open to registered sailors in ILCA 7 and ILCA 6 rigs.
- 2.4. The entry fee is paid at the time of registration which is online only. Entry Fee is \$25 per competitor.
- 2.5. Registration is available online at <https://theclubspot.com/regatta/mk0dlrYSGJ>

### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Cancellations for weather will generally be made on site in the morning. If a call is made to cancel the day before, an e-mail will be sent out to the list.

### 4. SCHEDULE OF RACES

- 4.1. Regatta will be held on Saturday, April 19, 2025
- 4.2. First Start is scheduled at noon. There will be a skippers meeting just before launch

### 5. RACING AREA

- 5.1. Boats launch from Sail Newport and sailing takes place in/around Newport Harbor

6. **THE START**

- 6.1. The Start Line will be between an orange flag on the RC boat and an orange flag on the pin buoy to the left of the RC boat.
- 6.2. The 'I' flag (around the ends) is in effect for all starts. In the event of a general recall, the next start the 'Z' flag (20% penalty) is also in effect with the 'I' flag. In the event of another general recall, the ensuing start will be under the Black Flag. These flags will not be flown but will be announced by the RC.
- 6.3. Starts are audible 3 min dinghy starts with an Ollie box sounding the following horns:

The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds
Starting	1 long	0

7. **THE FINISH**

- 7.1. The finishing line will be between a staff displaying an orange flag on the signal boat and the nearby orange finish mark.

8. **COURSES**

- 8.1. Courses will be designated by a course board on the committee boat.
- 8.2. Large yellow balls will be used for the windward and leeward marks.
- 8.3. The start and finish lines are un-restricted when not starting or finishing. See course diagrams at the bottom.

9. **SCORING**

- 9.1. Scoring is recorded using the last 4 digits of each sail number. Please use a unique sail number.
- 9.2. Low-point scoring, with no throw-outs. One race will constitute a regatta. Probably 6 or 7 races

10. **PROTESTS**

- 10.1. Any boat that thinks it has broken a rule in Part 2 of the Racing Rules of Sailing may make a 1-turn penalty (as opposed to the normal Two Turns Penalty described in Rule 44).
- 10.2. In the spirit of Pete Milnes and Fleet 413 frostbiting, protests must be settled on the water.
- 10.3. Should a protest not be resolved amicably on the water, a race committee and/or fleet

captain may be available for consultation after racing.

- 10.4. If you foul and don't do your penalty turns (or later withdraw) you have cheated everyone else and yourself. Remember, "If in winning the race you have lost the respect of your fellow competitors then you have not won at all." – Paul Elvström

**11. SAFETY & RESPONSIBILITY**

- 11.1. Competitors shall always wear a PFD while on the water.
- 11.2. A whistle is required to be carried and accessible for use in an emergency.
- 11.3. Sailors are required to wear adequate protective gear (e.g. wetsuits or drysuits, hats, neoprene gloves) to ensure their own safety and to gauge their own suitability to participate.
- 11.4. Sail back to the beach if you are cold, tired, or having trouble getting around the course, and let the RC know you are getting off the water.
- 11.5. The water is still very cold in April. Competitors choose to sail in this regatta entirely at their own risk. Sailors are required to wear wet suits or dry suits and other appropriate gear to ensure their own safety. Each participant must gauge their own ability to participate. Sailors agree to indemnify and hold harmless Sail Newport, Fleet 413 and any and all officers, employees and members of these organizations.

**12. FURTHER INFORMATION & CONTACTS:**

- 12.1. Festivities after racing on the grass at Sail Newport
- 12.2. Contact your fleet captains Adrian van der Wal and Michael Zonnenberg at [laserfleet413@gmail.com](mailto:laserfleet413@gmail.com)

COURSE DIAGRAMS:









